Pastoral Care Plan During Quarantine

Goal: To guide the individuals within our community to be able to both care for others and be cared for while maintaining social distancing and self isolation.

How to reach the goal:

* Identify the status of individuals within the community: who is shut in, in care homes, away with family for isolation, who is self-isolating, who is in hospital, etc.
* Identify those who will help and their means of care:
	+ Non-vulnerable/ Social distancing individuals: picking up groceries, posting mail, picking up urgent supplies, writing notes of encouragement, send emails, and phone calls.
	+ Vulnerable/ Self-isolating individuals: can send emails and make phone calls

Process:

* Identifying the status of individuals within the community:

Revd. Meghan Byerly has obtained the Visitation Team’s list of shut-ins, those in care homes, and those needing looking after from Barbara Shemeld. Meghan will call the care homes involved, and see what contact from those who are socially distancing is allowed during this time. The information in the visitation team’s list will not be made public. Instead, Meghan will facilitate who visits who during this time.

During the next few months, we will be sending out regular communication through email and social media to request updates on the statuses of individuals within the community. Also, Meghan will be in contact with the fellowship groups (of all cultures), the staff of the church, deacons, and other members of the fellowship who are aware of the pastoral needs of the church. Every time someone comes forward with/ updates their status, Meghan will update the pastoral care list. This also means that those who are helping with pastoral care will need to maintain regular contact with Meghan to be updated on the names on the list and the process going forward.

* Identifying those who will help and their means of care:
	+ Non-vulnerable/ Social distancing individuals:

Just as with above, there will be regular communication through email and social media; this will be to request help in pastoral care going forward. Those who come forward will be given options for pastoral care based on their ability (including geography). These options include but are not limited to: picking up groceries, posting mail, picking up urgent supplies, writing notes of encouragement, send emails, and phone calls.

Those who are volunteering will be asked to make the first contact with those who are self-isolating through posting the attached notecard. Meghan will check in periodically to see how things are going, and will always be available for assistance.

* + Vulnerable/ Self-isolating individuals:

The options and process of providing pastoral care while in self-isolation is much the same as those who are social distancing, with the main exception being that the options are limited to sending emails and phone calls. Just as with those that are social distancing, Meghan will be checking in periodically and will always be available for assistance and pastoral care.